

START TO WALK THE
'BRIDGE TO FREEDOM' AND YOUR ASCENSION – IT IS
YOUR REASON FOR BEING!

*Information only according to the original pure teaching from the
"Bridge to Freedom" and St Germain Press material only*

www.ascendedmaster.org and www.theascensiontimes.com

"I plead with you, bring our Earth back home, bring your little four-footed creatures and all that lives, that this Earth may be Freedom's Holy Star." Beloved El Morya

A POWERFUL ONE-DAY WORKSHOP

DESIGNED TO INITIATE MAJOR CHANGES IN YOUR LIFE, AND
'IGNITE' THE FLAMES IN YOUR HEART AND SET YOU ON THE
PATH TO FREEDOM AND YOUR ASCENSION INTO THE LIGHT
AND FREEDOM!

VENUE: 'GOOD VIBRATIONS' HEALTH SANCTUARY – RIVONIA
(see end for address and directions)

DATE: *Saturday 1st October 2011* **TIME:** 9 – 4.30 pm

Manuals to be emailed for printing yourselves - Please try to arrive 10 minutes early so we can start on time.

FREE WORKSHOP

DONATIONS WELCOME TO ASSIST WITH COSTS OF TRAVEL, ROOM HIRE, ETC.
BUT WITH NO OBLIGATION
TEACHINGS and TIME ARE FREE.

(Please bring something VEGETARIAN to share to eat for lunch and tea breaks – thank you)

We are on Earth to reach our Ascension and expand the Kingdom of the Great Divine Creator - God - through our own individualized I AM Presence, and very few of us know anything about it or how to achieve it. During the 1930's and 1950's accredited messengers, Guy Ballard and Geraldine Innocente were given information never before given to the people of Earth in this way and in such volume - it was only for the Priests in the Mystery Schools and avid seekers of the truth.

Information on the I AM Presence and the Violet Fire was released in a **last attempt** to free mankind of the bondages that keep us in our current state of ill-health, aging, poverty, fear, selfishness, greed etc. – written across the face of our planet - none of which is our Divine birthright and only came into being after the 'Fall of Man' – millions of years ago.

This workshop will only open the door very slightly to the path of ASCENSION, as to achieve this, requires discipline, courage, determination and a definite CHANGE in our lives. We need to leave old conditionings, teachings and ways that have not served us and accept the knowledge given to us from the Ascended Hosts (which may seem new & uncertain in the beginning). We need to be discerning and dedicated with a whole-hearted desire to expand the 3-Fold Flame, (which beats our hearts and gives us life) in our hearts, and work with our 'I AM Presence' and the Great White

Brotherhood – The Ascended Hosts, as they have done it before - lived on Earth and achieved their Ascension. Like anything in life, we learn from those that have mastered the skill we want to acquire. We need to practice and practice until we master the way we behave and live our lives – always with PEACE & HARMONY no matter what the outer world is presenting to us.

I can only speak for myself, and while the possibility of ‘Ascension’ and ‘Immortality’ were in my consciousness for many, many years, and I traversed down many avenues seeking the truth, it is ONLY since I have embarked on the journey through the information of the ‘*Bridge to Freedom*’ and the *St Germain Press*’ material has the possibility become real and I know my search is over, as these are the **only** teachings that I have found to date, that are unequivocally true (but this is something you will have to discern for yourselves – I cannot convince anyone – buy the books, read and study for yourselves and make up your own minds!) The rest is up to us to make it happen and live according to the lives of the Great Way-Showers of the past. It has so far been a journey more wonderful than I can put into words – but it requires discipline and dedication to get results.

So if ‘ASCENSION’ is knocking on your door, and you feel the time is right, come and learn a little to get you started!

Come with an open mind and heart - leaving your fears and earthly conditionings behind!



COURSE OUTLINE:

Morning:

- Introductory lecture given by Werner Schroeder of the Ascended Master Teaching Foundation (AMTF - USA) “*INTRODUCTION TO THE TEACHINGS*”

With the help of a power-point presentation:

- Discussion on the ‘I AM Presence’
- The Seven Bodies of Man
- The four lower bodies, and the essential need to purify these
- The Three Higher Bodies
- The importance of maintaining HARMONY at all times and doing ‘IMPERSONAL SERVICE’

Tea

- The Seven Rays and corresponding Flames and the initiations that we attract into our lives to master these Rays of Virtue from the Godhead.
- The Ascended Masters, and Chohans of these Rays – very brief discussion as this requires a significant amount of study to get to understand and know them
- The importance of asking for help
- The importance of Decree work and daily application

Lunch

- Breath work – learning the RHYTHMIC BREATH – the breath of all Life.
- Doing the Rhythmic Breath
- The Violet Transmuting Flame and the essential use of this Gift of Mercy

- Doing decrees to bring in the Violet Transmuting Flame
- Tea**
- Meditation using the Violet Flame of transmutation and the use of decrees - expanding the Light in the Electrons in every cell of our four lower bodies.
 - Discussion

ADDRESS

9A, Eleventh Avenue
corner Homestead Road
Rivonia
Johannesburg
Gauteng
SOUTH AFRICA

DIRECTIONS

FROM RIVONIA ROAD

Turn into 10th Avenue from Rivonia Road at the Road Lodge
Pass through the security boom
Turn first right into Homestead Road.
Go straight at STOP
People to PLEASE park in allocated diagonal parking spaces on
the right
in Homestead Road, with the nose of the car as close to the
fence as possible please.
Enter the Health Sanctuary through side gate on Homestead
Road