



Newsletter # 5 - December 2009

Season For Giving
FREE Reiki I Course January 2010

Dear Friends,

This is the last newsletter for 2009; I hope you have enjoyed our time together as much as I have appreciated sharing with you. I am truly grateful for the gift of each and every one of you who have touched my life this year.

Giving birth to Touch The Soul was an exciting journey with many challenges. I Thank You for your support and the privilege of sharing my passion for healing with you.

I trust that you have found the gift of Reiki to be of constant value in your life enabling you to view life's challenges as opportunity for growth and that your healing journey continues to be a joyful adventure filled with the excitement of new discoveries.

I wish you and your families a peaceful holiday season full of love imbued with the light of Reiki and the joy of giving and receiving.

Blessings and love
Christine

P.S. Remember your unique contribution to the human race this season. Celebrate the gift you are. ☺

Season For Giving

The season for giving finds most of us frantically shopping for the ideal gifts for our loved ones. It may appear that the meaning of Christmas has been lost in the glitz and tinsels, yet if one takes a deeper look however unconscious this merry time may be, it is still about celebration and giving.

It is also a time for reflection, as the year comes to an end we take stock of 2009. Remember the Reiki principle "Be kind to all living things" this is a call for compassion.

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